organic
eden's kitchen

Starters & Mezzes

Hot Starters

Lentil Soup
Red lentil with wegetables, served with bread
£6.90

Halloumi
Fryed Cyprus cheese served with salad
£9.00

Falafel
Crushed chicpeas, Broad beans, Garlic Sesame patty served with tzatziki
£8.90

Meatball
Beef meatballs, herbs, Garlic and onion served with bread.
£10.90

Spinach Borek
Filo pastry filled with spinach and feta cheese
£8.90

Garlic Mushroom
Mushroom with garlic and cheese cooked in our stone baked oven.
£8.90

Calamari
Fried calamari (beer battered) with aioli and lemon
£13.90

King Prawns
Pan fried king prawns with garlic chilli and ginger
£13.90

Sucuk & Halloumi
Garlic beef sausage on the grill and hallumi served with cilli salsa and bread
£11.90

Mixed Hot
Hallumi, Sucuk, Falafel, Spinach borek served with tzatziki.
£13.90

Mussels
Mussels cooked with white wine sauce. Served with bread.
£13.90

Merguez
Spicy Moroccan sausage served with bread.
£9.90

Cold Starters

Olives
Marinated mixed olives with touch of chilli salsa and bread
£6.50

Tzatziki
Greek yougurt with diced cucumber mint and garlic served with bread
£7.50

Chilli Salsa
Tomato, olive oil, chilli pepper, onion garlic, parsley served with breed
£7.90

Artichoke
Sun dried tomato, Mozzarella, Artichoke Pesto and Green salad
£8.90

Hummus
Crushed chickpeas with tahini, lemon juice, garlic, olive oil served with bread
£7.90

Hummus & Lamb
Pan fried lamb and pine kernel topped on home made hummus, served with
£10.50

Saksuka
Sauteed aubergine with garlic, onion, tomato and pepper paste, served with bread
£9.00

Aubergine Tarator
Chargrilled aubergine with garlic, tahini, grilled peppers and yogurt served with bread
£9.90

Share Platters

Mezze Banquet
Portion of hummus, tzatziki, chilli salsa, saksuka and one piece of hallumi, spinach borek, falafel, served with bread.
SINGLE £14 / DOUBLE £26

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PIZZA

MARGHERITA
Buffalo Mozzarella, Tomato, Fresh basil
SMALL12" £13.90 / LARGE14" £16.90

GOATS CHEESE
Caramelized onions, Goats cheese Rocket, Mozzarella
SMALL12" £13.90 / LARGE14" £16.90

SQUASH
Butternut squash, Pine nuts, Feta Mozzarella, Green salad, Walnuts
SMALL12" £13.90 / LARGE14" £16.90

FUNGI
White base, Mushroom, Gorgonzola, Pesto Rosemary, Garlic, Sun dried tomatoes and Mozzeralla
SMALL12" £13.90 / LARGE14" £16.90

OLIVE MUSHROOM
Olives, Onion, Mixed grilled peppers Mushroom Mozzarella, Rosemary
SMALL12" £13.90 / LARGE14" £16.90

FOUR CHEESES
Buffalo Mozzarella, Fresh basil Gorgonzola, Parmesan, Mozzarella
SMALL12" £13.90 / LARGE14" £16.90

ASPARAGUS
Asparagus, Sun-dried tomatoes Courgette, Pepper, Mozzarella
SMALL12" £14.90 / LARGE14" £17.90

EDENS VEGGIE
Spinach, Grilled pepper, Olives, Onion Mozzarella, Aubergine, Pesto, Artichokes
SMALL12" £14.90 / LARGE14" £17.90

GLUTEN
EGG
MUSTARD
GARLIC
FISH
LUPIN
MILK
CRUSTACEANS
SESAME
NUTS
MOLLUSCS
SULPHUR DIOXIDE
SOYA
VEGETERIAN
VEGAN
CELERY
PEANUTS

HAWAIIAN
Pineapple, Mozzarella, and Ham
SMALL12" £13.90 / LARGE14" £16.90

PEPPERONI
Pepperoni, Mixed chillies, Rocket
SMALL12" £13.90 / LARGE14" £16.90

EGG&VEGGIE
White base ,Onion, Feta, Egg, Spinach, Courgatte, Mozzarella Sun dried tomatoes
SMALL12" £13.90 / LARGE14" £16.90

CHICKEN FEAST
Chicken, Mushroom, Rosemary Mozzarella, Grilled Pepper, Chilli
SMALL12" £13.90 / LARGE14" £16.90

DELUXE HAWAIIAN
Pineapple, Mozzarella, Jamon Iberico ham, Parmesan, Rocket salad
SMALL12" £13.90 / LARGE14" £16.90

ANCHOVY
Anchovy, Mozzarella, Olives, Onion Parmesan, Capers, Rocket salad
SMALL12" £13.90 / LARGE14" £16.90

MEAT FEAST
Pepperoni, Pancetta, Spicy Meatball, Chicken, Mozzarella
SMALL12" £14.90 / LARGE14" £17.90

CHORIZO NDUJA
Chorizo, Nduja, Pepperoni, Rocket Parmesan Mozzarella
SMALL12" £14.90 / LARGE14" £17.90

SCOTTISH
Chorizo, Haggis, Pancetta, Pepperoni Egg, Parmesan, Mozzarella
SMALL12" £15.90 / LARGE14" £18.90

PRAWN
King prawns, Garlic, Ginger, Chilli, Spinach, Parmesan, Mozzarella
SMALL12" £18.90 / LARGE14" £21.90

SEA FOOD
King prawns, Ginger, Chilli, Calamari Mussels, Parmesan, Mozzarella
SMALL12" £18.90 / LARGE14" £21.90

FLAT BREAD & EXTRAS

Garlic Bread 10"£6.50
Garlic Bread with Cheese 10"£8.90
Bread 10" £3.70
Marinera 10" (Tomato sauce)£7.50

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Calzone & Gondola Pizza

Switch to vegan cheese for all 12" and 14" pizzas for an extra £1.00

Calzone

CHEESE&SPINACH
Thin dough Calzone, Spinach, Cooked onions, Mozzarella Feta, Chilli flakes
12" £14.90

LAMBPOT
Thin dough, oven cooked lamb, Mushed potato with tomato paste Cooked onions
12" £18.90

CLASSIC
Tomato base, Pepperoni, Mushroom Pancetta, Onion, Mozzarella and Pepper
12" £15.90

EDENS CALZONE
Artichoke, Spinach, Feta, Pesto, Tomato Sun dried tomatoes, Onion, Grilled peppers Mixed Chilli, Mozzarella
12" £15.90

Gondola

SPINACH FETA
White base gondola shape pizza, Egg Spinach, Feta, Cooked onions, Mixed chillies, Mozzarella
12" £15.90

CHORIZO&SUCUK
White base gondola shape pizza, Chorizo Sucuk(Garlic sausage), Egg, Mozzarella
12" £15.90

VEGAN AFFAIR
Spinach, Cooked onions, Grilled peppers Artichoke,Sun dried tomatoes, Pesto Courgette, Vegan Cheese.
12" £15.90

LAMB CONFIT
Tomato, Lamb, Onions, Mozzarella, Mixed grilled peppers, Chilli, Egg, Salad on top.
12" £19.90

Burgers

BEEF BURGER
8oz burger, Lettuce, Onion, pickle, Tomato, House garlic mayo
£13.90

CHICKEN BURGER
Chargrilled chicken, Tomato Onion, pickle, Lettuce, Aioli
£13.90

FALAFAL BURGER
Falafel, Halloumi, Hummus, Hot salsa Tzatziki, Grilled pepper, Green salad served in fresh pitta
£13.90

HALLOUMI&SUCUK
Halloumi, Turkish sausage, Avocado Tzatziki, Grilled peppers, Hot salsa, Green salad served in fresh pitta
£14.90

Wraps

VEGGIE WRAP
Grilled peppers, Artichoke, Mozzarella Pesto, Sun dried toamto ,Green salad
£13.90

HALLOUMI WRAP
Hallumi, Courgette, Tzatziki, Tomato Grilled peppers, Hot salsa, Hummus Cooked onion, Green salad, Onion
£13.90

FALAFAL WRAP
Falafel, Hummus, Tzatziki, Hot salsa Green Salad, Grilled Pepper
£12.90

CHICKEN AVACADO
Grilled chicken, Avocado, Hot salsa, House garlic mayo, Green salad
£15.90

CHIPS
Homestyle skin on fries with an irregular cut
£5.50

EXTRAS FOR BURGERS&WRAPS AND SALADS

BURGER CHEESE	£1.00
FRIED EGG	£1.00
AVOCADO	£2.50
GRILLED CHICKEN	£4.50
SUN DRIED TOMATOES	£1.50
BACON	£2.50
HALLOUMI	£3.00
PEPPER/ COURGETTE/ ARTICHOKE/ AUBERGINE	£2.50
MOZZARELLA/ FETA CHEESE	£2.50
PESTO/ AIOLI/ GARLIC MAYO/ PESTO MAYO	£1.50

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We have a gluten free alternative that you can switch in with all of the pastas for free

Mains & Oven cooked

GRILLED CHICKEN
Chargrilled chicken served with mushed potato and salad.
£18.90

LAMB TAGINE
Diced lamb cooked in stone baked oven with herbs and vegetables served with rice and salad.
£22.90

HUNKAR
Tagine lamb topped on aubergine puree, served with salad and rice.
£22.90

DUCK CONFIT
Confited duck leg served with mashed potato, asparagus, salad and cherry sauce.
£20.00

DUCK BREAST&APRICOT
Pan fried duck breast with apricot and orange sauce served with rice and salad.
£24.90

SALMON
Grilled salmon with pomegranate molasses served with salad and sweet potato.
£21.00

SEA BASS
Oven cooked sea bass seasoned with herbs, onion, butter and tomato sauce.
£22.00

SEAFOOD
King prawns, salmon, calamari and mussels cooked in the oven with cream and tomato sauce.
£26.00

LEMON SOLE
Pan fried Lemon sole lightly coated with flour and served with butter&lemon parsley sauce and avocado salad.
£24.90

Pasta

SPAGHETTI BOLOGNESE
Beef mince, Tomato sauce, Basil and Parmesan cheese with fresh pasta.
£14.90

SPAGHETTI PRAWNS
King prawns, Garlic, Tomato sauce, onion Ginger Pepper paste, Mushroom, Spinach and Parmesan
£22.00

SPAGHETTI MARINARA
King prawns, Mussels, Calamari, Garlic, Tomato Onion, Ginger, Pepper paste and Parmesan
£24.00

VEGGIE TAGLIATELLE
Courgette, Aubergine, Cherry tomato, Pepper Spinach, Onion, Asparagus, Artichoke and Tomato sauce
£17.90

MEATBALL TAGLIATELLE
Meatballs cooked with onion, cherry tomatoes, chilli pepper, tomato, asparagus, spinach topped with yogurt and butter sauce.
£18.90

Salads

GREEK SALAD
Cherry Tomatoes, Cucumber, Green pepper, Onion, Parsley, Olives, Feta cheese, Cider vinegar, Oregano and Olive oil.
£13.90

PARMA SALAD
Mixed green leaves, Cherry tomatoes, Parma Ham Black Olives, Olive oil and Parmesan.
£11.90

AVOCADO SALAD
Mixed leaves, Watercress, Parsley, Avocado, Onion Cherry Tomatoes, Cucumber, Pomegranate molasses and Olive oil.
£13.90

SHEPHERD S SALAD
Romaine lettuce, Tomato, Mixed pepper, onion, Cucumber, Parsley and Olive oil.
£9.90

GRAIN SALAD
Quinoa, Lentils, Bulgur wheat, Chickpeas, Pepper Cherry Tomatoes, Coriander, Sumac Mixed Green Leaf, Onion, Pomegranate, Pine Nuts, Walnuts and Olive oil.
£13.90

SIDES & EXTRAS

Side Salad£6.90
Rice £3.50
Tomato Puree&Mushed Potato£3.50

Kids menu

£13.90

You can only pick one choice from the Starters, Mains and Drinks

Starters

Salad
Cucumber, Organic Carrot, Cherry Tomato, Romaine Lettuce

Garlic Bread
Slice of Garlic Bread

Mains

Margherita Pizza 10"
Cheese and Tomato plus you can pick one more topping: Pepperoni, Peppers, Mushroom, Ham, Chicken or Olives

Chicken Burger
Free range chicken breast with soft bun

Spaghetti Bolognese
Fresh pasta with classic Itallian Ragu

Drinks

Orange Juice

Apple Juice

Drinks

Soft Drinks

COCA COLA	£3.50
DIET COCA COLA	£3.50
FANTA	£3.50
SPRITE	£3.50
SAN PALLEGRINO LEMON	£3.50
SAN PALLEGRINO ORANGE	£3.50
IRN BRU	£3.50
DIET IRN BRU	£3.50
CAWSTON PRESS	£3.50
ELDERFLOWER GINGER BEER	£3.50
STILL WATER SMALL	£3.00
SPARKING WATER SMALL	£3.50

Fruit Juices

APPLE JUICE £3.50
ORANGE JUICE £3.50

HOT BEVERAGES

ESPRESSO	£3.00
AMERICANO/DOUBLE ESPRESSO	£3.75
CAPPUCCINO/LATTE/FLAT WHITE	£4.00
HOT CHOCOLATE	£4.70
TURKISH COFFEE	£5.00
CAFE MOCHA	£4.50
MACCHIATO	£4.00
TEA (ENGILISH / BREAKFAST / EARLY GREY / CEYLON / HERBAL)	£3.50

WINE&BEER

BOTTLE

HOUSE MERLOT(GLASS/BOTTLE) £5.90-125ML/ £7.50-175ML £22.00
HOUSE PINOT GRIGIO (GLASS/BOTTLE) £5.90-125ML/ £7.50-175ML £22.00
BEER (BOTTLE) £4.50

BYOB

BYOB Only Tuesday to Thursday

Corkage charges
wine £4.90
beer £1.90

Desserts

Chocolate Brownie
Dark moist chocolate brownie with the bite of milk and white chocolate chunks with a Great Taste Award 2016
£6.50

Almond Brownie
Dense and fudgy brownie made with Chocalate and Almond flour. Very low gluten content
£6.50

Carrot Cake
Award winning carrot cake with orange and topped with a zesty cream cheese frosting.
£6.50

Rice Pudding
Our home made Rice Pudding made with milk, vanilla and orange zest, topped with walnut, cinnamon and pomegranate.
£7.50

Baklava
Layered filo pastry filled with chopped pistachio and sweetened with syrup and honey
£7.50

Creme Brulee
Delicious homemade creme brûlée
£7.50

At Eden's Kitchen, our focus is and will always be to promote our clients with natural and organic products. Our wine list reflects the essence of our concept, with most of our wines coming from small producers that work in respect of the environment, using age-old techniques and organic farming.

Sparkling Wines

Prosecco Doc, Veneto £ 32.50

Single serve bottle 200ml £ 9.90

Perfect for any occasion, with a delightful blend of baked apple and grapefruit creating a harmonious flavour. The excellent froth enhances the drinking experience.

House Wines

	BOTTLE
HOUSE MERLOT(GLASS/BOTTLE) £5.90-125ML/ £7.50-175ML	£22.00
HOUSE PINOT GRIGIO (GLASS/BOTTLE) £5.90-125ML/ £7.50-175ML	£22.00
BEER (BOTTLE) £4.50	

Rosé Wines

Bardolino Chiaretto Doc, Italy £ 7.50 125ml / £ 9.50 175ml **Bottle £ 27.50**

Fruity with a fresh bouquet, on the palate it is dry, harmonious with notes of red red fruits. A light wine of fantastic freshness.

White Wines

Pinot Grigio La Vigna di Riva, Italy £ 6.50 125ml £ 8.50 175ml **£ 24.90**

Slightly fruity white wine with hints of exotic fruits on the nose and a crispy and dry finish on the palate.
Perfect as an aperitif or with light snacks or fish dishes.

Organic Chardonnay, Terra Musa £ 8.50 125ml £ 10.50 175ml **£ 30.90**

Yellow with green highlights, this wine has fruity notes of pineapple and peach.
On the nose, it has a light taste of citrus and apple.
It is a very adaptable wine and pairs well with light dishes.
Perfect match with cheese or light fish dishes.

Sauvignon Blanc, Villarica, Chile **£ 32.90**

Aromatic and elegant bouquet, balanced, smooth and well-structured on the palate. It has precise perfumes, with dominant notes of citrus fruits and warm graphite and hints of tropical fruits and hawthorn. Great as an aperift or with a light appetiser.

Red Wines

Merlot, Solum, Italy £ 6.50 125ml £ 8.50 175ml **£ 24.90**

It has floral notes of rose and violet, a dry harmonic and round taste, and velvety tannins.

Bardolino Doc, Caterina, Italy £ 7.50 125ml £ 9.50 175ml **£ 27.50**

Fruity with a fresh bouquet, on the palate is dry, harmonious with notes of small red fruits.
The perfect match for pizzas and light summer dishes

Cabernet Sauvignon, Araucano, Chile **£ 32.50**

A highly reputed red grape variety originally from Bordeaux.
Much appreciated around the world for its capacity to adapt to different soils.
Pair it with meat dishes or cheeses.

Malbec Reserva, Piedra Negra, Argentina **£ 34.50**

Complex, with a mix of red berries and spicy aromas of clove and black pepper.
Also some delicate notes of chocolate and coffee that come from its time in oak.
An absolute perfect match with Lamb dishes and red meat sauces.