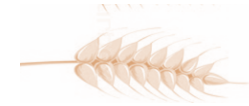




# EDENS KITCHEN



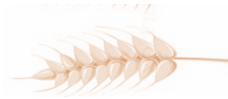
Edens Kitchen is a unique bistro based in the heart of Edinburgh. We believe that natural and organic ingredients are the only ones that should be used. Therefore, it is our aim to use healthy, seasonal and locally sourced produce; which are GMO free and where possible, organic and natural.

All of our chicken beef and lamb are organic so reared without GMO, antibiotic, herbicides, pesticides and chemical fertilizer.

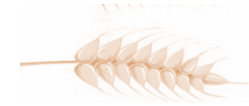
(At present 90% of the produce used is organic and we are continually striving to improve this).

## EDENS KITCHEN MENU

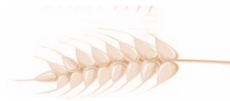
PIZZA	Price (£)		
	12"	14"	**
<b>Pizza types and sizes</b>	12"	14"	**
<b>Margarita</b> Fior de latte, tomato sauce, basil and olive oil	8.95	11.90	V
<b>Olive and Mushroom</b> Fior de latte, olive, mushroom, onion, grilled pepper and fresh rosemary	9.95	12.90	V
<b>Fungi</b> White base, gorgonzola, fior di latte, garlic, mushroom, pine kernel, pesto, fresh rosemary	9.95	12.90	V
<b>Goat Cheese Pizza</b> Goat cheese, fior di latte, caramelized onion and rocket	9.95	12.90	V



# EDENS KITCHEN



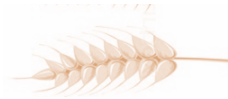
<b>Egg and Veggie</b> White base, Fior dilatte, seasoned onion, kale & spinach, feta cheese, courgette and egg	10.20	13.25	V
<b>Four Cheeses</b> Mozzarella, parmesan, gorgonzola, fior dilate and fresh basil	10.50	13.80	V
<b>Squash</b> Butternut squash, feta cheese, fior dilatte, pine kernel, green salad	10.50	13.80	V
<b>Asparagus</b> Marinated grilled mix pepper, courgette, asparagus, fior di latte, sun dried tomato	10.50	13.80	V
<b>Edens Veggie</b> Fior dilatte, feta cheese, grilled pepper, spinach, kale, onion, garlic, aubergine, artichoke, olive and pesto	11.90	13.95	V
<b>Peperoni</b> Peperoni, chicken, roquito chili pepper, fresh chili and rocket	11.40	13.90	
<b>Chicken Feast</b> Fior de latte, marinated chicken, mushroom, fresh rosemary and fresh chili	12.55	14.90	
<b>Courgate &amp; Chicken</b> White base, creamy courgette , chicken, garlic, mozzarella and mixed green leaves	12.60	14.90	
<b>Meat Feast</b> Mozzarella, peperoni, pancetta, meatball and chicken	13.30	15.95	
<b>Lamb Confit</b> Gondola shape pizza base, fior di latte, lamb confit, egg and green mixed salad.	12.60	14.95	



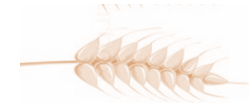
# EDENS KITCHEN



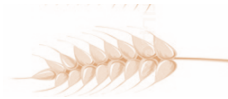
<b>Anchovy</b> Fior de latte, mozzarella, white anchovy, olives, capers, onion and rocket	12.60	14.95	
<b>Seafood Pizza</b> Fior di latte, mozzarella, parmesan, calamari, mussels, king prawns with ginger and garlic	14.70	16.95	
<b>Prawns Pizza</b> Fior dilatte, king prawns, spinach feta cheese with onion, and herbs	12.50	14.50	
<b>Hawaiian</b> Fior de latte, pineapple, jamon iberico, rocket and parmesan	12.90	14.95	
Extra veggie toppings	1.50	1.90	
Extra meat toppings	1.90	2.50	
For extra seafood and other toppings please ask to staff.			
** <b>Veg</b> = Vegan / <b>V</b> =Vegetarian / <b>GF</b> =Gluten-Free			



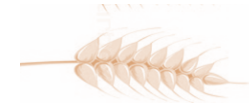
# EDENS KITCHEN



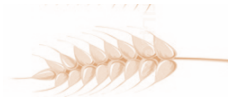
PASTA	Price (£)	**
<b>Spaghetti Bolognese</b> Organic beef mince, tomato sauce, basil and parmesan	9.90	
<b>Leek Tagliatelle</b> Mushroom, onion, leek, pesto, and olives cooked in yogurt sauce parmesan, fresh chili and parsley	12.90	V
<b>Spaghetti Marinara</b> Mussels, calamari, king prawns, tomato sauce, pepper paste, onion and garlic cooked with white wine sauce and parsley	16.90	
<b>Meatball Tagliatelle</b> Cherry tomato, meatball, mixed herbs, asparagus topped with cacik and parsley	13.90	
<b>Mixed Veggie Tagliatelle</b> Grilled mix pepper, cherry tomato, courgette, smoked aubergine, onion, garlic, spinach and parsley	12.90	Veg
<b>Spaghetti Prawns &amp; Mushroom</b> Pepper paste, king prawns, onion, garlic, ginger, tomato sauce, mushroom and spinach	15.50	
** Veg= Vegan / V=Vegetarian / GF=Gluten-Free		



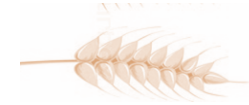
# EDENS KITCHEN



BURGERS	Price (£)	**
<b>Beef Burger</b> (6oz) Angus beef burger, lettuce, tomato, onion, pickle and aioli	7.95	
<b>Chicken Burger</b> Organic chicken breast, lettuce, tomato, onion and hot salsa sauce	7.95	
<b>Falafel Burger</b> Falafel, chili, hummus, green salad, garlic yogurt	6.95	V
<b>Veggie Burger</b> Halloumi cheese, courgette, aubergine, tomato sauce and green mixed leaves	7.40	V
<b>Extrase:</b> Burger cheese, egg, aioli 50p/Bacon, Pepper sauce, halloumi	1.50	
** Veg= Vegan / V=Vegetarian / GF=Gluten-Free		



# EDENS KITCHEN



## KIDS MENU

Three Courses (Organic & Natural) menu for Kids

£8.95

### Starters

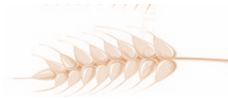
Garlic Bread / Salad / Spinach cheese pastry

### Main Course

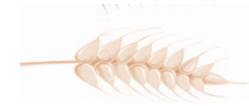
Spaghetti Bolognese / Pizza Margarita / Chicken Burger

### Dessert

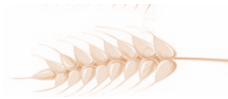
Ice Cream (Vanilla / Strawberry / Chocolate)



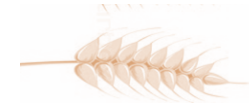
# EDENS KITCHEN



MAINS & OVEN COOKED	Price (£)	**
<b>Duck Confit</b> Duck leg cooked with red wine sauce and mixed berries, served with Mediterranean style mashed potato and grilled asparagus	12.90	GF
<b>Duck Breast &amp; Apricot</b> Pan fried duck breast cooked with apricot and orange sauce served with green salad and rice of the day	17.90	GF
<b>Oven cooked lamb</b> Organic lamb sautéed with onion, mushroom, garlic, red pepper, herbs cooked in tomato and pepper paste sauce served with rice of the day	14.90	GF
<b>Grilled Chicken</b> Organic grilled chicken leg with mashed potato and salad.	12.90	
<b>Hunkar</b> Oven cooked organic lamb in tomato sauce topped on smoked aubergine puree served with green salad and rice	16.90	
<b>Salmon</b> Grilled salmon with pomegranate molasses served with grilled sweet potato	13.90	GF
<b>Seafood</b>	16.90	GF

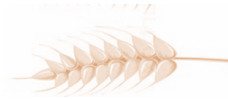


# EDENS KITCHEN

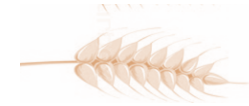


King prawns, salmon, mussel and calamari cooked in the oven with cream and tomato sauce		
<b>Lemon Sole</b> Pan fried lemon sole coated with flour, in a buttered lemon and parsley sauce served with green salad and avocado.	17.90	
<b>Sea Bass</b> Oven cooked sea bass seasoned with herbs and olive oil served with rocket salad.	14.90	GF
<b>SALADS</b>		
<b>Greek Salad</b> Feta cheese, onion, tomato, olives, red wine vinegar, olive oil, oregano, cucumber and green pepper	6.90	GF / V
<b>Avocado Salad</b> Mixed leaves, parsley, avocado, tomato, pomegranate molasses, onion and olive oil.	7.40	GF / V
<b>Shepherd's Salad</b> Green pepper, tomato, onion, parsley, cucumber, olive oil and lemon juice	6.40	GF / V
<b>Grain Salad</b> - Parsley, coriander, bulgur wheat, quinoa, green lentils, lemon juice, pomegranate, pine kernels, pearl barley and olive oil	7.90	V

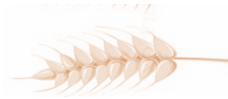




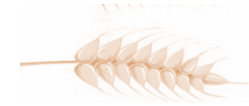
# EDENS KITCHEN



SIDES & EXTRAS		
Side salad	3.50	
Bread / Garlic Bread	2.90	
Garlic Bread with Cheese	4.90	
Rice / Mash potatoes	2.50	
Chips	3.20	
** Veg= Vegan / V=Vegetarian / GF=Gluten-Free		

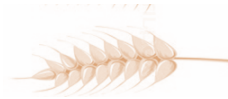


# EDENS KITCHEN

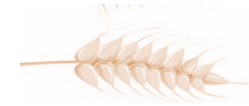


## STARTERS & MEZES

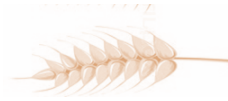
HOT STARTERS	Price (£)	**
<b>Soup of the day</b> Served with bread	4.90	
<b>Spinach Borek</b> Filo pastry filled with spinach and feta cheese	5.80	V
<b>Halloumi</b> Chargrilled Cyprus cheese served with salad	5.90	GF / V
<b>Garlic Mushroom</b> Oven cooked mushroom, garlic and cheese	5.90	GF / V
<b>King Prawns</b> Pan Fried king prawns cooked with garlic butter, parsley and ginger	7.40	GF
<b>Fish Cake</b> Mixed fish, herbs and potatoes served with salad	5.50	



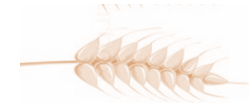
# EDENS KITCHEN



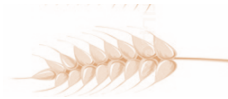
<b>Calamari</b> Beer battered calamari with aioli and lemon.	6.95	
<b>Falafel</b> Crushed chick peas, broad beans, garlic, sesame seeds and herbs	5.75	GF / V
<b>Meatball</b> Breaded meatballs with herbs, garlic and onion served with salad	5.90	
<b>Moules Mariniere</b> Mussels, garlic, onion, double cream cooked with white wine sauce	7.95	GF
<b>Merguez</b> Spicy Moroccan sausage served with green salad.	6.95	
<b>COLD STARTERS</b>	<b>Price (£)</b>	<b>**</b>
<b>Olives</b> Marinated mix olives	4.50	GF / Veg
<b>Hummus</b>	5.90	GF / Veg



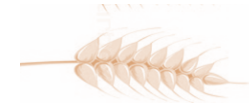
# EDENS KITCHEN



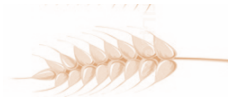
Crushed chickpeas with tahini, garlic and olive oil		
<b>Chili Salsa</b> Tomato, chili pepper, onion, garlic olive oil parsley	5.90	GF / Veg
<b>Cacik</b> Greek yogurt with diced cucumber and garlic	5.40	GF / Veg
<b>Kisir</b> Bulgur wheat mixed with vegetables and herbs	5.90	GF / Veg
<b>Hummus with Lamb</b> Lamb and pine kernel topped on hummus	6.95	GF
<b>Aubergine Tarator</b> Smoked aubergine paste, yogurt, tahini, lemon, garlic and olive oil	6.90	GF V
<b>Artichoke</b> Artichoke, pesto, mozzarella, sundried tomato and garlic served with salad	5.90	GF / Veg
<b>Tabbouleh</b> Bulgur wheat with herbs, parsley, mint, coriander tomato, cucumber, olive oil and pomegranate molasses.	5.95	V



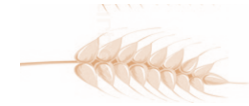
# EDENS KITCHEN



<b>Saksuka</b> Sautéed aubergine with garlic, onion, tomato and pepper paste	5.95	GF / Veg
<b>MEZES</b>		
<b>Mixed Meze</b> Selection of mezes (per person)	9.95	***
<b>Meze Banquet</b> Selection of mezes minimum two people	18.90	***
	Gluten-Free	<b>GF</b>
	Vegetarian	<b>V</b>
	Vegan	<b>Veg</b>
	Served with bread	***
	Extra bread	£2.90

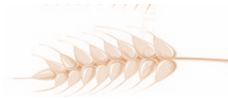


# EDENS KITCHEN

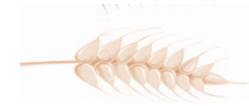


---

DESSERTS	Price (£)
Chocolate mousse	5.50
Rice Pudding	5.50
Crème Brulee	5.50
Baklava	5.90
Ice cream– Chocolate/ Vanilla/ Strawberry	4.50

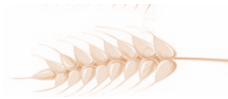


# EDENS KITCHEN

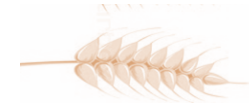


---

HOT BEVERAGES	Price (£)
Espresso	2.50
Americano/Double Espresso	2.90
Cappuccino/latte/flat white	2.90
Turkish Coffee	3.40
Hot Chocolate	3.40
Café Mocha	3.50
Macchiato	2.70
Tea (English Breakfast/ Early Grey/ Ceylon Tea/ Herbal Tea)	2.00

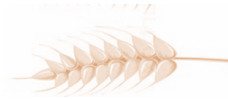


# EDENS KITCHEN

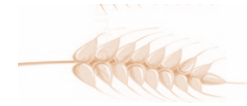


COLD DRINKS	Price (£)
Still water/Mineral water (500ml)	2.00
Coke/Fanta/Sprite/Irn Brue	2.50
Lemonade/Elderflower Juice	2.70
Still Mineral Water (glass) small / large	1.50 / 3.50
Sparkling Mineral Water (glass) small / large	2.00 / 3.75
FRUIT JUICES (Organic)	
Apple/Orange/Cranberry	2.95
Innocent smoothies (kids size)	1.90
Glass of milk (Organic)	1.50





# EDENS KITCHEN



---

BYOB	
Wine	3.00
Beer	1.00